# THE NORTH SEA SWIM MEET 2015 November 6<sup>th</sup> to 8<sup>th</sup> - Stavanger, Norway







### City of Sports





#### The North Sea Swim Meet 2015 (Nov. 6<sup>th</sup> - Nov. 8<sup>th</sup>)

The first «North Sea Swim Meet», was arranged in 1973 as a result of the cooperation between Rogaland Swimming District (RSK) and Phillips Petroleum Co Norway with support from the Norwegian Swimming Federation (NSF). It gave swimming in Rogaland, as well as in Norway as a whole, a real boost.

The North Sea Swim Meet has been arranged every year since the start in 1973 and has through these amazing years achieved the status of being one of the national swimming highlights.

The Rogaland Swimming District has together with the local community brought the North Sea Swim Meet up to the excellent standard that swimmers have learned to expect. Stavanger Swim Hall is renowned for its special atmosphere and for being a very fast pool. As a result the meet has achieved great popularity and status with both Norwegian and foreign swimmers. A great number of Norwegian, Nordic and international records have been set in the Stavanger Swim Hall through the years, among them a world record and several IPC world records. Among top international swimmers who have come to compete in Stavanger the last years we can mention, Jeanette Ottesen, Rikke Møller Pedersen, Pernille Blume, Julie Aglund Lauridsen, Ida Lindsborg, Sarah Louise Rung, Elena Krawzow, Pál Joensen, Ari–Pekka Liukkonen, Lukas Räuftlin, Christoph Meier, Marco Loughran, Sebastian Iwanov, Jonas Bastian Sørensen and of course several others from the Norwegian Swim Team.

We are looking forward to see you in Stavanger, also this year, and hope you will enjoy your stay with us.



### North Sea Swim Meet 2015

With the approval of the Norwegian Swimming Federation, Rogaland Swimming Union hereby invites to The North Sea Meet in Stavanger, November 6<sup>th</sup> - November 8<sup>th</sup> 2015.

#### Stavanger Swim Hall

The pool has 6 lanes, is 25m long and the water temperature is 26°C.

#### **Direct finals and Super finals**

The meet will have direct finals. Participation is limited by qualifying times. Super finals in all individual events and relay events except 800m freestyle and 400IM. One heat in each event irrespective of age group, B finals for 50m and 100m events.

#### **Heat limitation**

The arranger reserves the right to change the start time for the direct finals and apply following heat limitation if necessary (to ensure good conditions for the swimmers): 100m events 3 heats, 200m-, 400m- and 800m events 2 heats .

#### Handicapped swimmers

Super finals in the 50m events, one heat in each event irrespective of class. If heat limitations do not apply, HC swimmers may swim in age class heats for none HC events.

Swimmers will be ranked according to the Australian model for multi disability meets based on relative proximity to the world record in the respective classes. This procedure applies to selection for participation and for awards. The long course world records official at January 1<sup>st</sup> 2015 will be used as basis for the selection.

Direct finals: Medals for  $1^{st} - 3^{rd}$  place, individuals. Super Finals: 1. place is awarded **NOK 2.500**, 2. place is awarded **NOK 1.500**, 3. place is awarded **NOK 750**. Gift awards for  $4^{th}$  to  $6^{th}$  place. Relay teams: Gift awards for  $1^{st} - 6^{th}$  place.



The highest score (ref. FINA-2014 point-table) in an individual event, direct or super finals will be rewarded an **ALPINA** Watch, men and women, value NOK **12.500** each.

The same two swimmers will also be rewarded **NOK 10.000**. The second best score is used in case of a tie. Swimmers under the age of 15 are not eligible.

#### Awards Handicap classes

Direct finals: Medals for  $1^{st} - 3^{rd}$  place, individuals. Super Finals:  $1^{st}$  place is awarded NOK **1.000**,  $2^{nd}$  place is awarded NOK **750 and**  $3^{rd}$  place is awarded NOK **500,-**Gift awards for  $4^{th} - 6^{th}$  place.

ALPINA Watch, value NOK 12.500, for the best HC swimmer.

In the handicap classes the three best performances in the super finals irrespective of sex will be rewarded as follows: **NOK 5.000,-/ 2.000,-/ 1.000,-**. An award is divided in case of a tie. Swimmers under the age of 15 are not eligible.

#### Entries:

Entries must be received by 24:00 October 21<sup>st</sup>, 2015 Qualification period: 22.10.14 - 21.10.15. E-Mail entries are encouraged. E-Mail: <u>jech@medley.no</u> Mail entries to: John Erlend Christiansen, Varderingen 8, 2054 Mogreina, NORWAY

All entries will be confirmed at receipt.

Start lists will be mailed out and placed on the following web page: <u>http://www.livetiming.no/nordsjo15/</u> here you will find continually updated information as well as the results from the North Sea Swim Meet 2005, 2006, 2007, 2008, 2009, 2010, 2011,2012, 2013, 2014 + meet records.

#### Entry fee:

NOK 100, - per start and NOK 200, - per relay payable to:

Domestic payments to bank account:3201.28.82059International payments to bank account:IBAN NO51 3201 2882 059, SWIFT SPRONO22(Bank address to be sent on request)IBAN NO51 3201 2882 059, SWIFT SPRONO22

Payment details/invoice will be sent by email as soon as starting list is verified. Late entries at double entry fee will be accepted if heat limitations do not apply.

#### Information / registration:

Meet Office:Stavanger Swim hall, open from Friday November 6th at 8:00am.Leader meeting:A short info meeting (behind the ARENA stand / Press room) at:Friday November 6th: Norwegian - Speaking:10:30English – Speaking:10:45

Withdrawals to be delivered in writing a.s.a.p. by Email or at the meet office – at the latest **one hour prior** to the meet start.

#### Inquiries:

Rune Lilledahl, telephone: +47 958 16 415, E-Mail: rli@umoealu.com

#### Warm up periods:

Thursday Friday Saturday Sunday	18:00 – 20:00 07:00 – 08:45 07:00 – 08:45 07:00 – 08:45	10:00 – 10:45	Super final swimmers 15:00 – 16:30 15:00 – 16:45 14:00 – 15:45
Sunday	07.00 - 00.45		14.00 = 15.45

## Hotels

We recommend the following hotels which are centrally placed in downtown Stavanger. The Stavanger Swim Hall is only 1 to 3 minutes walking distance from the hotels.

#### **Clarion Hotel Stavanger:**

Reference when ordering **265910** Phone: +47 5150 2570 Mail to Sven Olav Bjerga: <u>Sven.olav.bjerga@choice.no</u>

		Single	Double	Triple
Thursday	05.Nov	1 465	1 565	1 815
Friday	06.Nov	1 055	1 165	1 415
Saturday	07.Nov	1 055	1 165	1 415
Sunday	08.Nov	1 055	1 165	1 415

#### **Comfort Hotel Square:**

Ref. when ordering **1114R088479** Phone: +47 5156 8000 Mail to Brit Edvardsen: co.square@choice.no

		Single	Double	Triple
Thursday	05.Nov	1 340	1 440	1 640
Friday	06.Nov	1 000	1 200	1 400
Saturday	07.Nov	1 000	1 200	1 400
Sunday	08.Nov	1 000	1 200	1 400

All prices are given in Norwegian kroner and included only one breakfast/morning. Additional breakfast can be offered for NOK 95,-.

Lunch (Friday to Sunday -NOK 160,-/pers.) and Dinner (Friday and Saturday -NOK 220pr. pers.) are offered at the Clarion Hotel Stavanger. All orders to be booked (<u>sissel.bordevich@lyse.net</u>) and prepaid directly to Rogaland Swimming District within November 4<sup>th</sup>.

Information about the city of Stavanger is found here: http://www.regionstavanger.com

#### Welcome to the North Sea Swim Meet 2015 Rogaland Swimming District

Rune Lilledahl Chairman



Friday 09:00 Event no.	Event	Classes		Qualification time	Winning time 2014 (heats)
1	800 Free	Open	Women	9:30.00	8:29.15
2	800 Free	Open	Men	8:47.00	7:46.62
Friday 11:00 Event no.	Event	Classes		Qualification time	Winning time 2014 (heats)
3	200 Medley	02 - 01	Women	2:35.00	2:23.30
		00 - 99	Women	2:31.00	2:17.78
		98 - 97	Women	2:30.00	2:17.24
		96 and older	Women	2:28.00	2:16.42
4	200 Medley	02 - 01	Men	2:30.00	2:11.13
	, i i i i i i i i i i i i i i i i i i i	00 - 99	Men	2:22.00	2:08.96
		98 - 97	Men	2:16.00	2:03.42
		96 and older	Men	2:14.00	2:01.93
5	50 Free	02 - 01	Women	30.25	25.45
		00 - 99	Women	29.25	26,31
		98 - 97	Women	29.00	26,16
		96 and older	Women	28.75	24.41
		Handicapped	Women	150% of WR	3928.56(104,31%)
6	50 Free	02 - 01	Men	28.80	25.50
0	501100	00 - 99	Men	26.30	24.34
		98 - 97	Men	25,80	22,80
		96 and older	Men	24,80	21,55
			Men	150% of WR	25,45 (100,51%)
7	100 Breast	Handicapped 02 - 01	Women	1:22.00	1.13,74
1	TOU DIEASI		Women		1.09.16
		00 - 99 98 - 97	Women	1:21.00	
				1:19.00	1.10,50
		96 and older	Women	1:17.00	1.07.93 1.44,86
		Handicapped	Women	150% of WR	(100,84%)
8	100 Breast	02 - 01	Men	1:19.00	1.04.26
0		00 - 99	Men	1:15.00	1.06.74
		98 - 97	Men	1:11.00	1.02.05
		96 and older	Men	1:09.00	1.01.99
		Handicapped	Men	150% of WR	1.31.05 (113,57%)
9	50 Back	02 - 01	Women	35.75	27.90
3	JU Dack	00 - 99	Women	34.75	30.43
		98 - 97	Women	33.75	29.21
		96 and older	Women	32.75	28.58
			Women	150% of WR	35.08 (107,57%)
10	50 Back	Handicapped 02 - 01	Men	34.70	28.34
10	JU DALK	02 - 01	Men	34.70	26.71
		98 - 97			26.90
			Men Men	30.20	25.21
		96 and older	Men	28.70	
11	200 Buttorfly	Handicapped	Men	150%of WR	31.56 (102,27%)
11	200 Butterfly	02 - 01	Women	2:47.00 2:42.00	2.27.15
		00 - 99	Women		2.18.95
		98 - 97	Women	2:38.20	2.16,33
		96 and older	Women	2:37.00	2.14.08
12	200 Butterfly	02 - 01	Men	2:53.00	2.14,20
		00 - 99	Men	2:32.50	2.06,73
		98 - 97	Men	2.20.50	2.04.49
		96 and older	Men	2:17.00	2.02,02

Saturday @ 09:00					
Event no.	Event	Classes		Qualification time	Winning time 2014 (heats)
13	400 Free	02 - 01	Men	4:37.00	4.11.50
		00 - 99	Men	4:27.00	3.57.16
		98 - 97	Men	4:18.00	3.54.48
		96 and older	Men	4:13.00	3:53.37
14	400 Free	02 - 01	Women	4:52.00	4.24.46
		00 - 99	Women	4:47.00	4.22.59
		98 - 97	Women	4:43.00	4.16.11
		96 and older	Women	4:38.00	4.12.42
15	100 Back	02 - 01	Men	1:12.00	1.00.51
		00 - 99	Men	1:06.00	57.16
		98 - 97	Men	1:05.00	58.02
		96 and older	Men	1:02.00	54,60
		Handicapped	Men	150% of WR	1:107.45 (106,52%
16	100 Back	02 - 01	Women	1:14.00	1.03.45
		00 - 99	Women	1:11.00	1.05.59
		98 - 97	Women	1:10:00	1.03.47
		96 and older	Women	1:09.00	1.01.43
		Handicapped	Women	150% of WR	1.36.95 (104,35%)
17	50 Butterfly	02 - 01	Men	32.00	27.57
		00 - 99	Men	29.00	26.10
		98 - 97	Men	28.00	25,47
		96 and older	Men	27.00	24,13
		Handicapped	Men	150% of WR	26.86 (101,86%)
18	50 Butterfly	02 - 01	Women	33.00	29.04
	, , , , , , , , , , , , , , , , , , ,	00 - 99	Women	32.00	27.96
		98 - 97	Women	31.50	27.19
		96 and older	Women	30.00	26.19
		Handicapped	Women	150% of WR	31.56 (103,68%)
19	100 Free	02 - 01	Men	1:02.00	56.49
		00 - 99	Men	56.00	52.34
		98 - 97	Men	54.50	50.07
		96 and older	Men	53.30	49.00
		Handicapped	Men	150% of WR	56,85 (102,73%)
20	100 Free	02 - 01	Women	1:04.50	56,26
20		00 - 99	Women	1:02.00	57.19
		98 - 97	Women	1:01.50	57,88
		96 and older	Women	1:01.00	53,91
		Handicapped	Women	150% of WR	1.02.99 (107,00%)

	Saturday continues				
Event no.	Event	Classes		Qualification time	Winning time 2014 (heats)
21	200 Breast	02 - 01	Men	2:53.00	2.16.67
		00 - 99	Men	2:47.00	2.24.51
		98 - 97	Men	2:35.00	2.14.72
		96 and older	Men	2:34.00	2.14.94
22	200 Breast	02 - 01	Women	2:56.00	2.36.28
		00 - 99	Women	2:54.50	2.30.33
		98 - 97	Women	2:52.00	2.30.97
		96 and older	Women	2:47.00	2.20.77
23	4 x 50 Medley	Open	Mixed		
24	4 x 50 Free	Open	Mixed		

	Sunday @ 09:00				
Event no.	Event	Classes		Qualification time	Winning time 2014 (heats)
25	400 Medley	Open	Women	5:30.00	4.46.12
26	400 Medley	Open	Men	4:51.00	4.18.90
27	100 Butterfly	02 - 01	Women	1:14.00	1.05.13
		00 - 99	Women	1:11.00	1.03.92
		98 - 97	Women	1:08.50	1.00.91
		96 and older	Women	1:07.50	59.15
		Handicapped	Women	150% of WR	1.30,50(137,23%)
28	100 Butterfly	02 - 01	Men	1:12.25	1.00.71
		00 - 99	Men	1:04.25	56.61
		98 - 97	Men	1:01.50	56.34
		96 and older	Men	1:00.25	57.74
		Handicapped	Men	150% of WR	1.04.33 (106,42%)
29	200 Back	02 - 01	Women	2:36.00	2.16.30
		00 - 99	Women	2:31.50	2.23.15
		98 - 97	Women	2:31.00	2.15.08
		96 and older	Women	2:29.00	2.13.52
30	200 Back	02 - 01	Men	2:30.00	2.09.57
		00 - 99	Men	2:22.50	2.07.67
		98 - 97	Men	2:21.00	2.07.48
		96 and older	Men	2:19.00	1.57.82
31	50 Breast	02 - 01	Women	39.00	33,87
		00 - 99	Women	38.00	31.97
		98 - 97	Women	36.00	32.78
		96 and older	Women	35.40	31.25
		Handicapped	Women	150% of WR	35.34 (97,44%)

	Sunday continues				
Event no.	Event	Classes		Qualification time	Winning time 2014 (heats)
32	50 Breast	02 - 01	Men	37.00	30,15
		00 - 99	Men	34.50	30,28
		98 - 97	Men	33.00	28,68
		96 and older	Men	31.50	27.39
		Handicapped	Men	150% of WR	31.58 (103,47%)
33	200 Free	02 - 01	Women	2:19.00	2.06.13
		00 - 99	Women	2:16.30	2.03.73
		98 - 97	Women	2:13.00	2.02.22
		96 and older	Women	2:11.00	1.59.91
34	200 Free	02 - 01	Men	2:12.00	2.01.48
		00 - 99	Men	2:03.50	1.53.05
		98 - 97	Men	1.59.00	1.51,19
		96 and older	Men	1:57.30	1.48.01
35	100 Medley	02 - 01	Women	1:14.20	1.05.55
		00 - 99	Women	1:11.20	1.04.59
		98 - 97	Women	1:10.00	1.04.45
		96 and older	Women	1:09.30	1.04.00
		Handicapped	Women	150% of WR	1.34.37 (99.03%)
36	100 Medley	02 - 01	Men	1:11.00	59.56
		00 - 99	Men	1:06.20	58.73
		98 - 97	Men	1:02.20	57.81
		96 and older	Men	1:01.20	56.42
		Handicapped	Men	150% of WR	1.09.06(106,80%)
37	4 x 100 Free	Open	Women		
38	4 x 100 Free	Open	Men		



### Super final events 2015 & winning times 2014

Friday @ 17:00				
Event	Women winning time 2014	Men winning time 2014		
200 Medley	2.15.42	1.59.95		
50 Free	24.25	21,37		
50 Free HC	28.20 (102,99%)	24.91 (108,35%)		
100 Breast	1.05.48	1.01.59		
50 Back	28.07	25.07		
50 Back HC	34.09 (104,54%)	31.24 (101,23%)		
200 Butterfly	2.12.78	1.59.77		

Saturday @ 17:00					
Event	Women winning time 2014	Men winning time 2014			
400 Free	4.06.28	3.47.80			
100 Back	59.38	53,45			
50 Butterfly	25.12	23.94			
50 Butterfly HC	31.00 (101,84%)	26.74 (101,40%)			
100 Free	55.74	48,10			
200 Breast	2.18.76	2.12.63			
4 x 50 Medley Mixed					
4 x 50 Free <b>Mixed</b>					

Sunday @ 16:00				
Event	Women winning time 2014	Men winning time 2014		
100 Butterfly	59.61	53,29		
200 Back	2.09.59	1.55.84		
50 Breast	30.84	26.89		
50 Breast HC	35,81 ( 98,73%)	31.57 (103,44%)		
100 Medley *	1.02,84	54.69		
200 Free	1.57.93	1.46.80		
4 x 100 Free				

For all results from 2014 go to this link



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